

STEPS TO CAREER SUCCESS FOR SECOND YEARS ON SANDWICH COURSES

The Queen's Careers Team are here to support you with all aspects of career planning and decision making.

A sandwich course means you have a compulsory placement built into your degree. Now is the time to get proactive to get the best placement you can.

We'll help signpost you to the Placement Officer in your School. If your School doesn't have a Placement Office, we'll help you find opportunities and advise you on the selection and recruitment process.

Follow the steps below to get started.

1 FIND OPPORTUNITIES IN MYFUTURE

MyFuture is our online Careers portal. It's where you can find jobs and opportunities, including work experience and placements.

Top tip: Some companies use the term placement and internship interchangeably so search for both.

2 FOLLOW @QUBCAREERS

We'll regularly update our Facebook, Twitter and Instagram with opportunities, activities and events that will help you develop your skills. Stay updated @QUBCAREERS and don't forget to check out our blog and website below: blog.qub.ac.uk/careers go.qub.ac.uk/careers

3 ATTEND OUR DEGREEPLUS INFO SESSION

6 OCT

If you didn't get involved in DegreePlus in first year, now is your chance to make your extracurricular activities count. Don't miss our online introductory session on 6 October between 1-2pm.

4 MEET YOUR PLACEMENT OFFICER

OCT

Your Placement Officer in your School is your first port of call to explain the placement application and selection process. If your School doesn't have a dedicated Placement Office, the central Careers Team can help. Careers@qub.ac.uk

5 CREATE YOUR ONLINE PROFILE ON THE GRADUATELAND PLATFORM

17-20 OCT

You can browse employers with placement opportunities relevant to your degree, watch company videos and upload your CV via the Graduateland platform. virtualcareersfairs.qub.ac.uk

6 ATTEND THE GRADUATE RECRUITMENT AND PLACEMENT FAIR

21-22 OCT

Live chat with employers, discover placement opportunities and build up industry contacts. Make sure you keep an eye on relevant placement application deadlines.

7 GET CV AND APPLICATION HELP

To land the best placement, you'll need to tailor your CV to your industry. We can help you hone the perfect application. Our online CV checker VMock can rate your CV in seconds. There are lots of useful CV and application resources on our website. go.qub.ac.uk/careers

8 DEVELOP THE SKILLS EMPLOYERS WANT

We know you want to make an impact on your placement year. We'll give you lots of opportunities to develop key skills employers are looking for throughout the semester and the year. Keep an eye on our website for relevant programmes, activities and events.